

COMMON GRACE &
MALAMA MENTORS

6-WEEK quarantine

MENTORING PLAN

FOR DETAILED PLANS, VISIT
MALAMAMENTORS.ORG/RESOURCES

THE POWER OF GRATITUDE

THE POWER OF ENCOURAGEMENT

THE POWER OF LISTENING

WEEK 1

Activity Ideas:

- Thank-you cards
- Gratitude collage
- Gratitude window

Sample Questions:

- What's your favorite animal? Why are you grateful it's part of our world?
- What's your favorite place outside of your home?

WEEK 2

Activity Ideas:

- Temperature Check
- How Full Is Your Bucket? Story and Activity

Sample Questions:

- What does it mean to be kind?
- What is one way you can be a good friend?
- What are some kind things you can say to people?

WEEK 3

Activity Ideas:

- Simon Says
- Musical Statues
- Draw My Picture

Sample Questions:

- How do you know someone is listening to you?
- Why is it important to listen to other people?

THE POWER OF READING

THE POWER OF PLAYING

THE POWER OF TEAM

WEEK 4

Activity Ideas:

- Read aloud to your kid using a book or online library
- Write a short story

Sample Questions:

- Do you like to read? Why or why not?
- What do you like to read? Why?

WEEK 5

Activity Ideas:

- Scattegories
- 20 Questions
- Charades
- Pictionary
- Have a dance party
- Hangman
- Online board games (chess, Connect 4, etc.)

Sample Questions:

- What do you do for fun?

WEEK 6

Let's celebrate!

If possible, have a group mentoring session with other mentors and mentees from your school!

Regardless, play some games together, talk story, and have fun!